

Part Five

**Spirit Guidance
and the
Need for Community**

Chapter 19

Spirit Essence is the Only True Guide

This will be a short chapter, but I want to indicate that this point is of chapter level importance. **THE ONLY TRUE GUIDE FOR OUR SPIRIT JOURNEY IS OUR OWN SPIRIT ESSENCE.**

No other human being, including Jesus, can tell us whether we are or are not living out of our Spirit Essence. Only our own Spirit Essence can tell us. If Jesus or any other person seems to tell us something about our Spirit Essence, it is only because our own Spirit Essence resonates with what they say.

If this were not so, then we would not be an autonomous Spirit Being, but a slave dependent upon some other person, guru, pastor, teacher, pope, saint, leader, mentor, adept, monk, rabbi, priest, avatar, shaman, etc. In the final analysis we are on our own. We must follow our own lights, our own angels, our own Spirit Essence.

We know that other people have been useful to us in our Spirit awakening. We know that we have needed them to call our attention to our own Spirit Being. We know that they have inspired us by their living, their words, their deeds. We know that we profited from following them.

But we need to also know that we are on our own. We have always been on our own. We only knew who to follow because of some connection with our own Spirit Essence. We only chose to follow because we sought further connection with our own Spirit Essence.

We may also have chosen to follow or continue following in order to get out of being on our own, in order to shift the responsibility for being our Spirit Being onto someone else. If we did, we were disappointed, or we will be disappointed. For no human guide is a perfect guide; at some point any guide may misled us. And here is an even deeper truth: we were never actually guided by another person; we were always guided by our own Spirit Essence which others helped us to access.

WE ARE ON OUR OWN. WE HAVE ALWAYS BEEN ON OUR OWN. WE WILL ALWAYS BE ON OUR OWN.

The Spirit journey is an infinitely solitary journey. As a Spirit Being, we are an Awed One who is being Awed by the Awesome and filled with an Awe that is our very own experience of the Holy Spirit.

In the Fourth Gospel, the author has Jesus make a long farewell speech before his crucifixion. Here is a fragment of that speech:

I will ask the Father and he will give you another to be your Advocate, who will be with you forever – the Spirit of truth. The world cannot receive him, because the world neither sees nor knows him; but you know him, because he dwells with you and is in you. John 14:16,17